



FIRST MEMBER MEETING | OCTOBER 12, 2026

A New Voice for Oregon's Child and Adolescent Psychiatrists

Stronger support. Better care for Oregon youth.

TONIGHT



Welcome and agenda

- 1 Welcome and introductions
- 2 Our mission
- 3 How COCAP is organized
- 4 Small group conversations
- 5 Groups report back
- 6 Program Committee
- 7 Mentorship and Education
- 8 How to get involved



COCAP Board of Directors



KYLE JOHNSON, MD
Chair (Board Officer)



KAREN BOS, MD
Vice Chair (Board Officer)



NAOMI FISHMAN, MD
Secretary (Board Officer)



NIKHIL RAO, MD
Treasurer (Board Officer)



KARINA ESPANA, MD
Program Chair (Board Officer)



CINDY SMITH, MD
Board Member



KEN ENSROTH, MD
Board Member

STAFF



Executive Director



Deanna Murry

Executive Director

Leads COCAP's day-to-day operations in support of the board.
The Executive Director is staff and is not a board member.

[linkedin.com/in/deanna-murry](https://www.linkedin.com/in/deanna-murry) | director@oregoncocap.org

COCAP MISSION

COCAP strengthens child and adolescent mental health care across Oregon by supporting the psychiatric workforce, advancing education, and advocating for better access to quality care for youth and families.

Stronger support. Better care for Oregon youth.



A coalition built around members

Shape the program

Join the Program Committee and help plan the Spring 2027 CME event.

Grow the field

Mentorship, career panels, and leadership roles for trainees through the Mentorship and Education Committee.

Have a voice

Tell us what would make COCAP worth it to you. Your ideas guide what we offer first.

Stay connected

Sign up for news, event invitations, and new ways to take part.



Selection of Board Directors and Officers

- The Bylaws call for a minimum of 3 Board Directors and a maximum of 11 Board Directors
- Applications for serving as a Board Director or Board Officer will be solicited when openings develop
- Selections will be made by the Board of Directors
- A priority for COCAP is to select a variety of voices to sit on the Board



Terms and Term Limits for Board Directors

- The term for all Board Directors is 3 years, with the ability to serve three consecutive terms (9 years total)
- The term for Board Officers (Chair, Vice Chair, Secretary, Treasurer, and Program Chair) is 1 year, with the ability to be reelected in subsequent years



Once COCAP Becomes an AACAP ROCAP

- We will likely be able to send three delegates to meetings of the Assembly of Regional Organizations of Child and Adolescent Psychiatry (the "Assembly")
- The Executive Committee shall nominate Delegates. The Board shall appoint Delegates.
- Active members of COCAP will be given preference



COCAP Delegates to the Assembly

- The term of office for a Delegate will be three years. A Delegate may serve a maximum of two terms.
- The Board may appoint one or more Alternate Delegates
- Delegates and Alternate Delegates will be responsible for funding their own travel to Assembly meetings



Advisory Committees

- The Board may establish advisory committees
- The Chair of the Board may attend any meeting of a Committee
- Each committee must have at least two Board Members
- A committee does not have the power to take action or conduct business on behalf of the Corporation, but may make recommendations to the Board of Directors



Amendment of Bylaws

- Except as otherwise provided by law, the Board may amend the bylaws by a vote of two-thirds of the Board of Directors



Let's get to know each other

1

What are your wishes and dreams for COCAP?

2

What is the biggest question you have about the future of child psychiatry in Oregon?

3

What do you hope to contribute to child psychiatry in Oregon?

Go around the circle

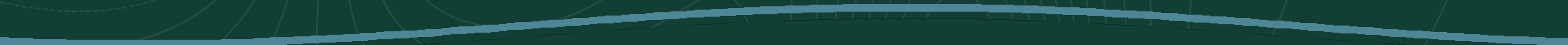
Introduce yourself, then take turns answering each question. Everyone gets a chance to share before open discussion.

GROUPS REPORT BACK



What did you hear?

Each group shares one or two highlights with everyone.





Committee Objectives

- To build a cohesive, inclusive professional community through programming that creates opportunities for connection, belonging, and shared purpose
- To bring intellectually and creatively enriching ideas to our field: topics that challenge us to think differently about the youth and families we serve, about one another, and about the evolving practice of child and adolescent psychiatry
- To reflect the breadth of our profession and its many stages of growth, including representation from trainees and early, mid, and late career clinicians, creating opportunities for mentorship and reciprocal learning



Nuts and Bolts

We are recruiting members!

- Trainee representation is critical. There are designated spots on the committee for trainees.
- AACAP members
- Any stage of career

Expectations

- Regular, timely email communication and coordination
- Meetings every 1 to 2 months to discuss Spring programming
- Tasks include program development, reviewing submissions, coordinating speakers, logistics, spreading the word about the CME event, and day-of support at the event
- Attendance at the Spring program



Spring 2027 CME Event

A gathering that reflects who we are as a field, invites us to imagine where we are going, and strengthens the relationships that will carry child and adolescent psychiatry forward in Oregon.

A survey will be sent to all members to gather feedback on what you hope to see at the meeting, such as topics and speakers.

Logistics

- Annual CME event in the spring, likely mid to late May (date TBD)
- 1 day, in person
- Portland for 2027
- Friday or Saturday? Share your pick at oregoncocap.org/welcome



Committee Objectives

- To foster mentorship and professional development opportunities on topics related to a career in child psychiatry, through events for trainees to learn from child psychiatrists who represent the diversity of our field
- To strengthen connection and community across the child psychiatry community, offering opportunities for rewarding career interactions both for trainees and those who are out of training
- To offer leadership opportunities within COCAP for trainees who serve as committee members



Interested in joining this committee?

- Applicants do not need to have a current role in education or training. Anyone with an interest in contributing to our community in these areas is encouraged to apply.
- We would like this committee to include members who represent a variety of ways to be a child psychiatrist
- Applicants should be AACAP members
- There will be designated spots on the committee for trainees: a medical student, a general psychiatry resident, and a CAP fellow



Expectations for Committee Members

- Regular email communication
- Attend virtual committee meetings every other month
- Help plan and participate in several other committee events each year, such as career panels, mentorship events, or other events
- Attend the COCAP spring program to support trainee engagement at the meeting



A Seat at the Table for Trainees

- COCAP's board has added a director seat for a child and adolescent psychiatry fellow
- This director brings the trainee perspective to board decisions and serves on the Mentorship and Education Committee
- Who can apply: current CAP fellows training in Oregon
- Apply by Friday, November 6 at oregoncocap.org/welcome

APPLICATIONS ARE OPEN

Apply by Friday, November 6

Scan to apply for a committee or the trainee board seat, share your spring meeting pick, and tell us what would make COCAP worth it to you.

oregoncocap.org/welcome



Point your phone camera here



Thank you for being here

Know a colleague who couldn't make it? Share oregoncocap.org/welcome so they can catch up and get involved.

Questions: director@oregoncocap.org

